

report

by Pppp Ppp

Submission date: 03-Feb-2020 07:55AM (UTC-0500)

Submission ID: 1250683677

File name: Obsessive-Compulsive_Disorder.doc (39.5K)

Word count: 860

Character count: 4901

Obsessive-Compulsive Disorder

Student Name:

Institutional Affiliation:

Date:

⁷ OCD (obsessive-compulsive disorder) is a term used in reference to a common chronic, as well as, long-lasting disorder within which an individual has not only uncontrollable but also recurring thoughts (obsessions) together with behaviors (compulsions) which one feels the urge of repeating over and over. Millions of individuals are affected by OCD. The present estimates are that around one in every forty adults within the U.S (approximately 2.3% of the entire population), as well as, one in every one hundred children have OCD (Hirschtritt et al., 2017).

OCD is specifically the combination of both obsessive and compulsive thoughts and behaviors, which may prevent everyday life. Obsessive thoughts and concerns lead the person to practicing neurotic, repetitive behaviors. These intrusive, recurring, and uncontrolled thoughts and behaviors determine the person's ability to experience life. When the person starts having these obsessive thoughts, they may not seem comfortable talking about them, or they may decide to overwhelm them without professional assistance. Obsessive thoughts may make the person feel isolated and lonely, strange or scared, or beyond help. Only, obsessive ideas are difficult enough to move with, which is why it is crucial to take assistance as soon as possible. These ideas might be a symptom of OCD or a related problem, or they might have the underlying physiological movement that involves medical diagnosis and treatment.

How OCD affects activities of everyday living OCD is a general, degenerative problem where the person has uncontrolled obsessions and compulsions that result in repeated actions, ideas, or feelings. There exist many marks and symptoms accompanied with OCD which gets it more comfortable to distinguish. Pharmacogenomics is the examination of the variance of human's genomes and how they are impacted by the reaction to medications, because of heredity, this could be tailor-made to change to the individual or population genetic represents to lessen drug-induced rate.

The causes of the said condition remain unknown even though the risk factors comprise genetics, environment as well as brain structure, as well as, functioning. Individuals ¹with OCD may show symptoms of either obsessions or compulsions or even both. The symptoms have the potential of interfering with every life aspect such as school, work in addition to personal relationships. Obsessions include repeated urges, thoughts and mental images which bring about anxiety (Hirschtritt et al., 2017). ³Common obsession symptoms are such as fear of contamination or else germs, violent thoughts towards self or others, having things within a perfect order and unwanted prohibited thoughts that involve sex, harm or religion.

Concerning compulsions, they include recurring behaviors which a specific with OCD have the urge of doing as a response to the obsessive thoughts. The frequent compulsions are ⁴such as excessive cleaning, arranging things within a specific, precise way, checking on things repeatedly, which may include frequently checking to confirm whether the door has been locked and compulsive counting. In some cases, individuals with OCD have some other mental disorders like depression and anxiety. Typically, ⁶OCD is treated with psychotherapy and medication or both. Even though the majority of OCD patients respond to treatment, some others continue to show symptoms (Rufer et al., 2005).

People with the obsessive-compulsive disorder (OCD) go through intensely from repeated undesired thoughts (compulsions) or else rites (obsessions), which they think they will not control. Rituals, such as, counting, seeing, hand washing or cleansing, are frequently executed in the hope of keeping obsessive thoughts or else making them take out. Performing these rites, though, offers just temporary break, also not performing those enhances emotion.

Left untreated, compulsions, as well as the need to do rituals, will get a person's lifetime. OCD is frequently a prolonged, relapsing illness.

The commonly used medications are SRIs (serotonin reuptake inhibitors) that include SSRIs (selective serotonin reuptake inhibitors) that help in reducing OCD symptoms.

Psychotherapy is also an effective way of treating OCD patients. Research indicates that specific types of psychotherapy such as CBT (cognitive behavior therapy) together with other related therapies like habit reversal training happen to be efficient as medication for most persons.

Movies, as well as, television programs in some cases feature characters that portray behaviors of OCD patients. Unfortunately, the TV shows and movies mostly exaggerate the OCD symptoms or simply play it for humor (Hoffner & Cohen, 2012). An example of a TV show whereby OCD has been applied as the plot device is the television series *Monk*. Help-seeking has been depicted within the series in that the character that has been featured as having been affected by OCD, Adrian Monk, undergoes therapy with the objective of overcoming his phobias and bringing the disorder under control.

References

- Hirschtritt, M. E., Bloch, M. H., & Mathews, C. A. (2017). Obsessive-compulsive disorder: advances in diagnosis and treatment. *Jama*, *317*(13), 1358-1367.
- Hoffner, C. A., & Cohen, E. L. (2012). Responses to obsessive compulsive disorder on Monk among series fans: Parasocial relations, presumed media influence, and behavioral outcomes. *Journal of Broadcasting & Electronic Media*, *56*(4), 650-668.
- Rufer, M., Grothusen, A., Maß, R., Peter, H., & Hand, I. (2005). Temporal stability of symptom dimensions in adult patients with the obsessive-compulsive disorder. *Journal of Affective Disorders*, *88*(1), 99-102.

report

ORIGINALITY REPORT

11%

SIMILARITY INDEX

3%

INTERNET SOURCES

1%

PUBLICATIONS

11%

STUDENT PAPERS

PRIMARY SOURCES

1

Submitted to University of North Texas

Student Paper

3%

2

Submitted to Grand Canyon University

Student Paper

2%

3

Submitted to South University

Student Paper

2%

4

Submitted to River Dell High School

Student Paper

1%

5

www.ukessays.com

Internet Source

1%

6

Submitted to Southern Utah University

Student Paper

1%

7

Submitted to University of Essex

Student Paper

1%

Exclude quotes Off

Exclude bibliography On

Exclude matches Off

